

Community Health Needs Assessment

Lebanon County



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COMMUNITY HEALTH NEEDS ASSESSMENT

- Conducted every 3 years to assess the health behaviors, conditions and needs of the communities we serve.
- Helps identify key community health priorities to include in our community health implementation plan.
- Provides an opportunity to engage community members and solicit input.



SOURCES:

- CHNA Survey conducted by the Center for Opinion Research, Franklin & Marshall College, March – May 2018
- County Health Rankings, Robert Wood Johnson
- Bureau of Health Statistics and Research, Pennsylvania Department of Health
- Census Bureau American Community Survey



Demographics

Lebanon County Population = 138,863 

Medium Age

Leb Co = 41.1 yrs.

PA = 40.7 yrs.

Population Under 18

Leb Co. = 23%

PA = 20.9%

Population over 65

Leb Co. = 18.9% 

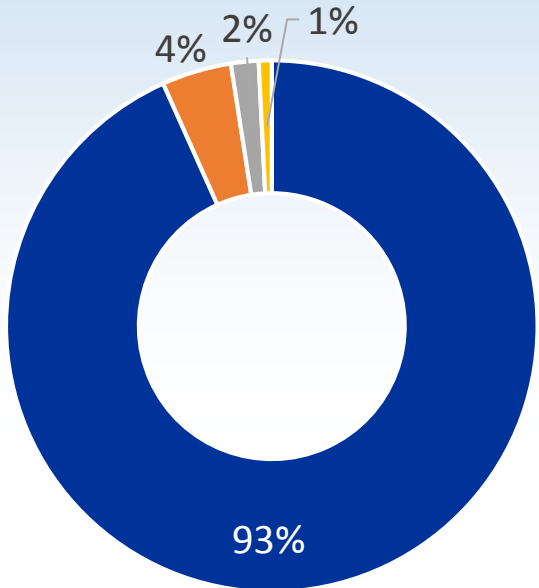
Projected to grow

PA = 17.4%

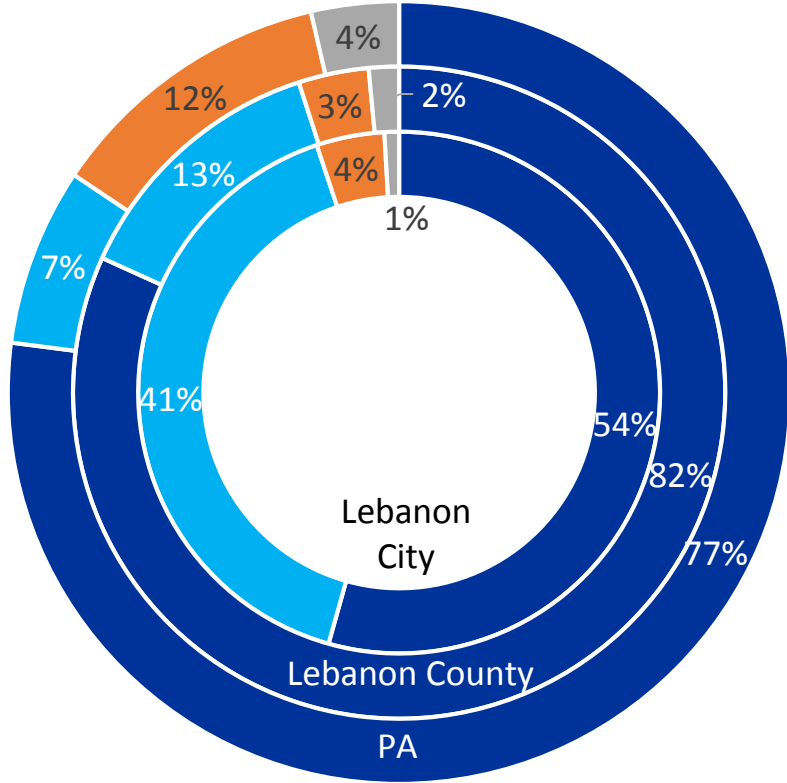
Population by Race & Ethnicity

Lebanon County

- White
- Black/African Am
- Asian
- Other Races



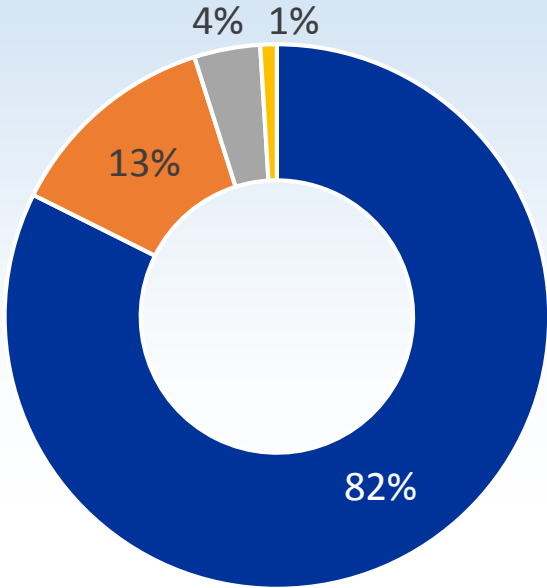
Hispanic/Latino (any race) = 13%*
 * 3.4% increase between 2010 – 2016.



- White alone, non-hispanic
- Hispanic or Latino
- Black or African American Alone
- Asian alone

Pennsylvania

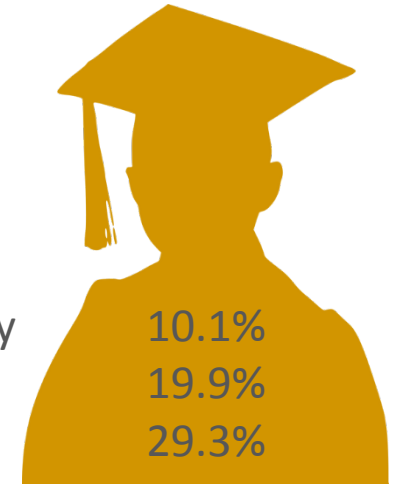
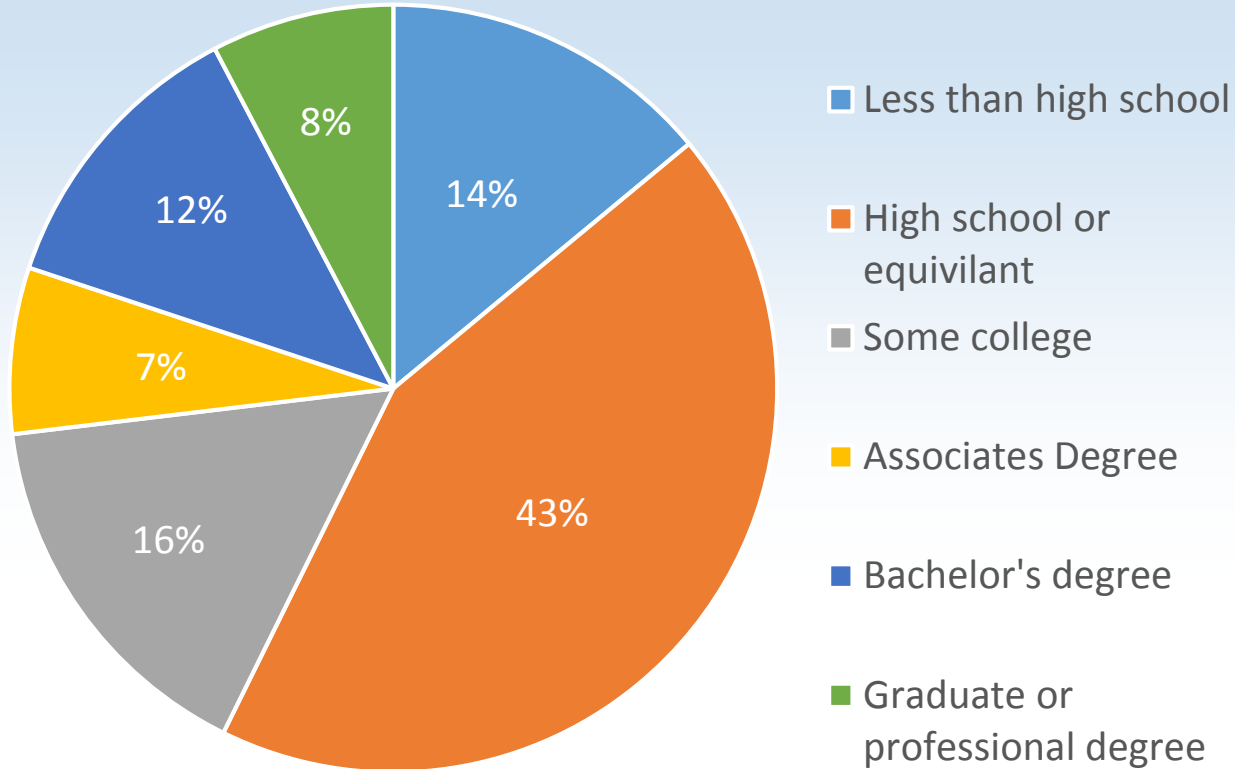
- White
- Black/African Am
- Asian
- Other Races



Hispanic/Latino (any race) = 7%.*
 * 1.3% increase between 2010 – 2016.

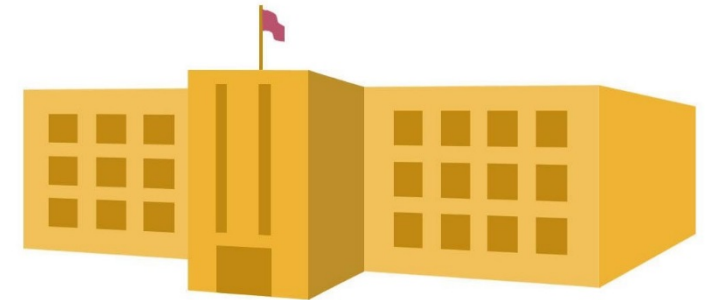
Educational Attainment

Lebanon County



Lebanon City	10.1%
Lebanon Co	19.9%
PA	29.3%

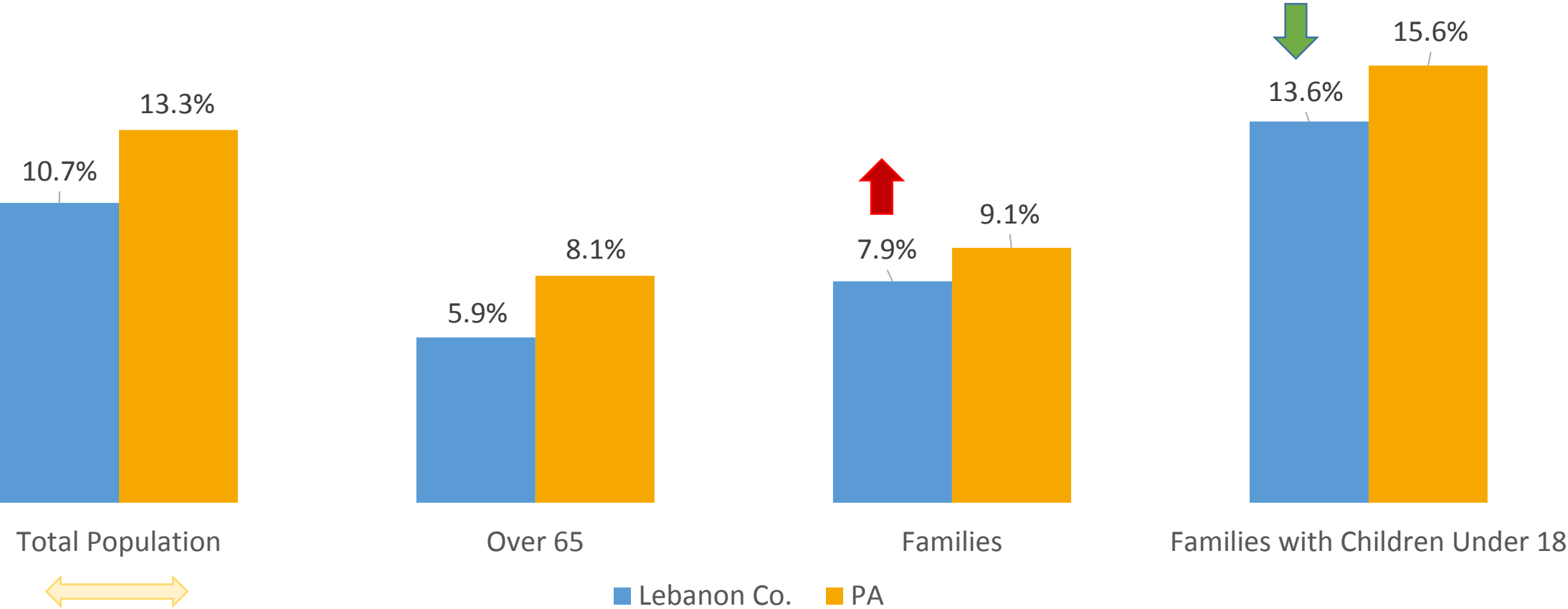
Bachelor's Degree or Higher



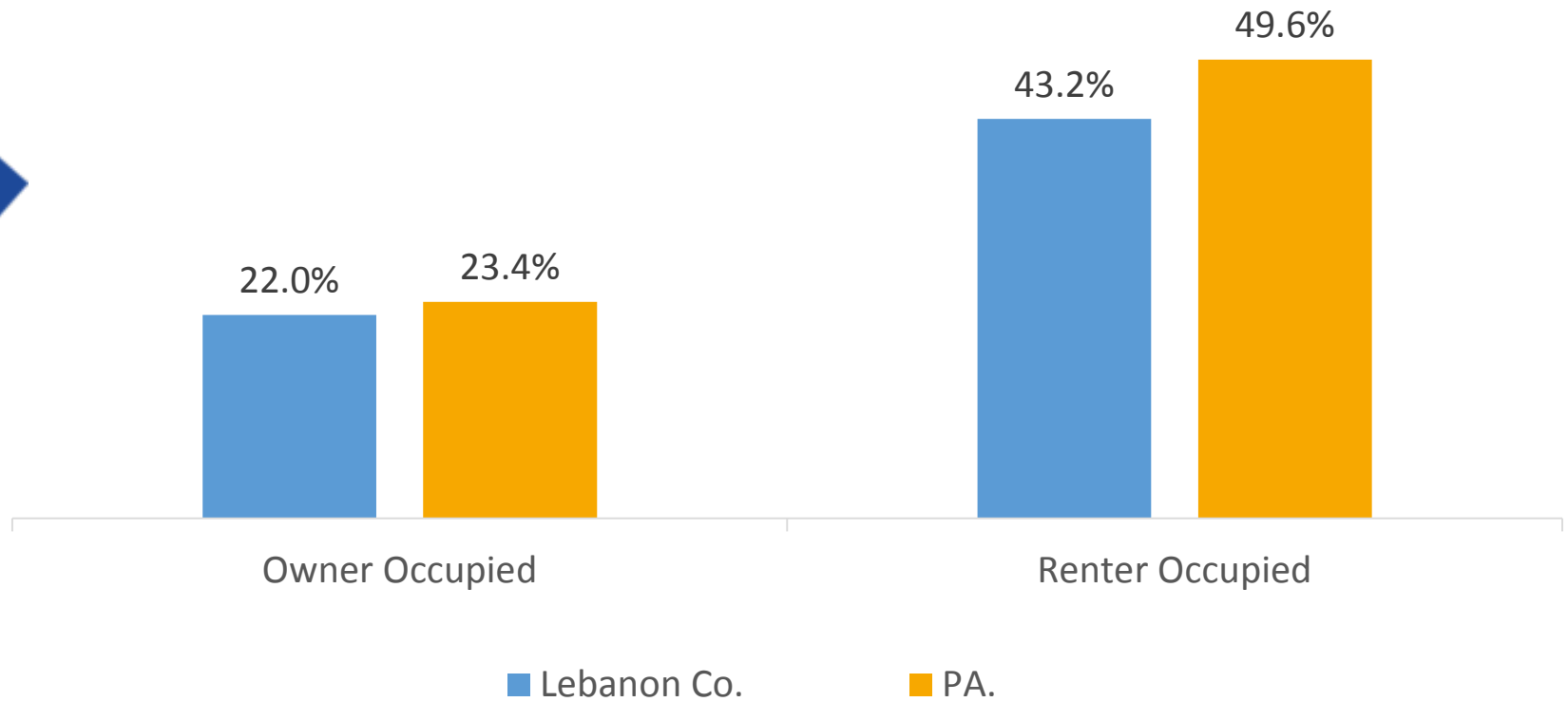
Lebanon City	23.7%	Lebanon Co	14%	PA	10.5%
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Less than High School

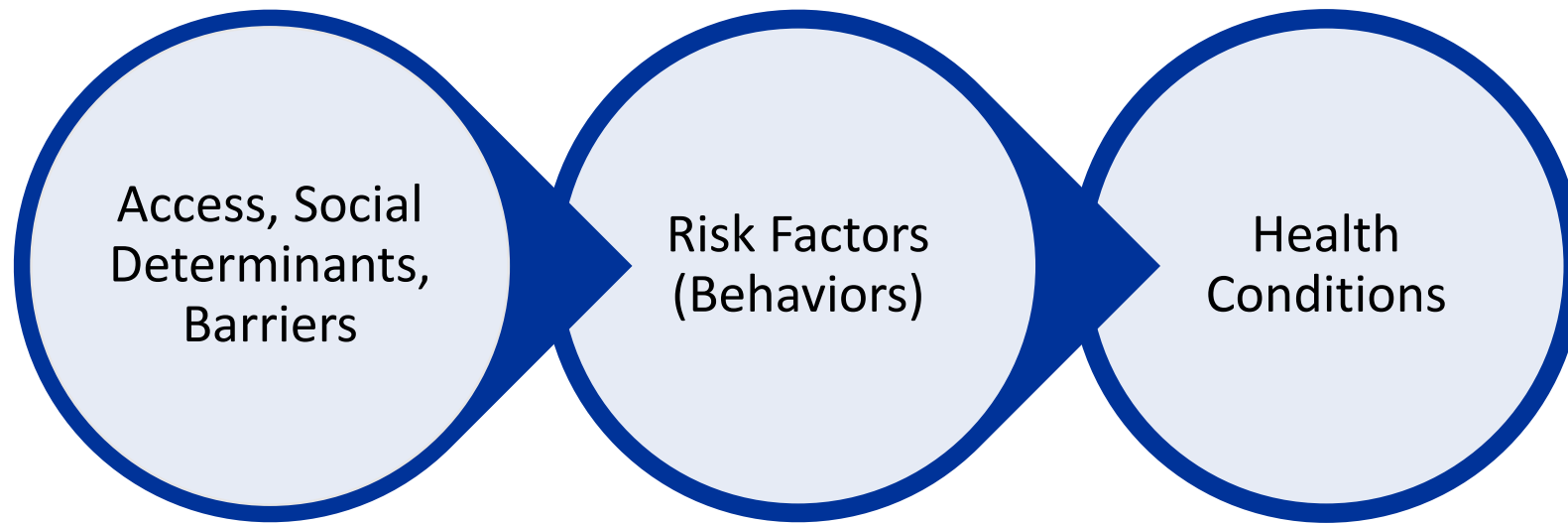
Poverty Rates



Households Spending 30% or More of Income on Owner Cost or Rent



What influences health?



Health Conditions

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Told has heart disease, heart attack or stroke	2017-18	9%	11%	10%	11%
	2014-15	11%	10%	11%	10%
Has high cholesterol	2017-18	34%	39%	33%	34%
	2014-15	34%	38%	40%	37%
Has high blood pressure	2017-18	41%	34%	38%	39%
	2014-15	38%	33%	41%	38%
Respondent Is diabetic	2017-18	13%	11%	11%	12%
	2014-15	12%	10%	11%	11%

Health Conditions

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Has ever had cancer	2017-18	14%	11%	11%	11%
	2014-15	12%	11%	10%	10%
Ever had COPD, emphysema, or chronic bronchitis	2017-18	9%	8%	6%	8%
	2014-15	7%	5%	8%	8%
Has asthma	2017-18	8%	11%	10%	12%
	2014-15	8%	7%	10%	11%

Health Behaviors

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Regular Smoker	2017-18	18%	15%	12%	19%
	2014-15	21%	12%	16%	24%
<i>Regular electronic cigarette user *</i> <i>(e-cigarette / vape)</i>	2017-18	6%	5%	4%	6%
Consumed three servings of vegetables daily	2017-18	4%	3%	4%	3%
	2014-15	4%	4%	4%	4%
Exercised 30 minutes on five days in past week	2017-18	19%	15%	17%	16%
	2014-15	18%	13%	16%	17%
Binge drinking behavior	2017-18	16%	14%	11%	19%
	2014-15	16%	18%	10%	16%

* New question

Health Behaviors

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Body Mass Index Category (Overweight & Obese)	2017-18	72%	63%	73%	72%
	2014-15	68%	66%	70%	68%
Do you consider yourself to be overweight?*	2018		41%	48%	

* New question

Access Indicators

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Has health care coverage	2017-18	91%	87%	91%	92%
	2014-15	92%	88%	90%	92%
Has a high deductible health plan*	2017-18	19%	20%	27%	25%
Did not receive health care in past year because of cost	2017-18	9%	7%	6%	12%
	2014-15	10%	6%	11%	13%
Lack of transportation barrier to receiving health care	2017-18	5%	6%	4%	6%
	2014-15	5%	2%	3%	7%

* New question

Access Indicators

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Has a personal physician	2017-18	86%	87%	84%	84%
	2014-15	91%	90%	90%	88%
Visited doctor for routine checkup in year	2017-18	79%	74%	74%	76%
	2014-15	75%	67%	74%	75%
Has dental insurance	2017-18	64%	54%	59%	70%
	2014-15	62%	52%	58%	69%
Visited dentist in past year	2017-18	68%	72%	76%	73%
	2014-15	72%	75%	70%	74%

Access Indicators

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Economic Hardships (one or more)	2017-18	31%	31%	24%	37%
	2014-15	32%	24%	31%	36%
Stressed about paying rent or mortgage	2017-18	20%	19%	18%	22%
	2014-15	21%	15%	19%	24%
Gets needed social & emotional support	2017-18	95%	94%	92%	93%
	2014-15	91%	93%	93%	93%
Poor health limited participation in normal activities in past month.	2017-18	43%	40%	43%	42%
	2014-15	43%	35%	43%	40%

Behavioral Health Indicators

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Has an anxiety disorder	2017-18	22%	24%	21%	23%
	2014-15	16%	16%	15%	21%
Has a depressive disorder	2017-18	22%	21%	23%	25%
	2014-15	20%	16%	16%	21%
Currently depressed (PHQ-8 depression indicator)	2017-18	10%	7%	8%	13%
	2014-15	6%	4%	6%	19%

Behavioral Health Indicators

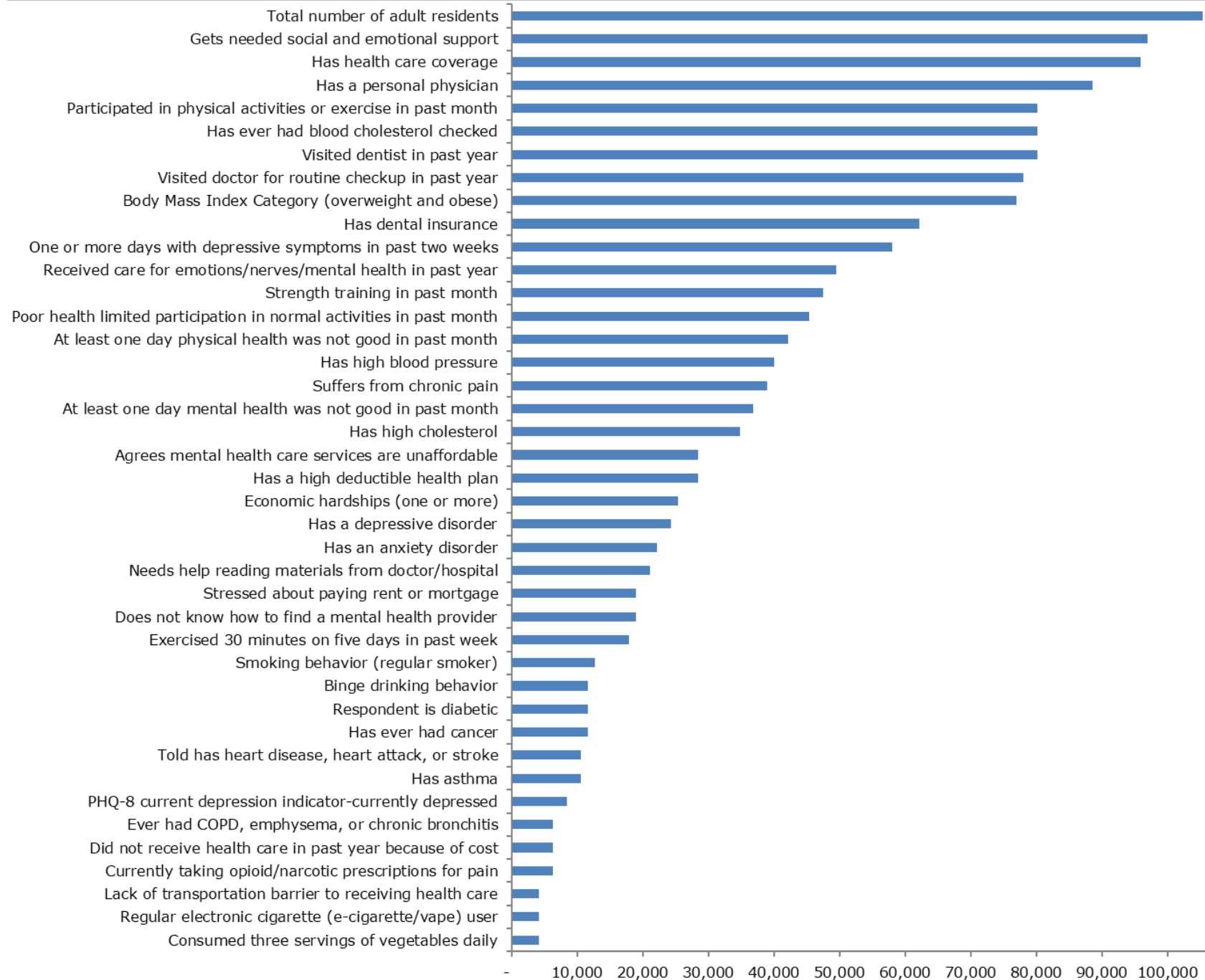
		Lancaster Co. (northern)	Lebanon Co.
At least one day mental health was not good in past month.	2017-18	35%	35%
	2014-15	34%	34%
Received care for emotions / nerves / mental health in past year	2017-18	45%	47%
	2014-15		

Chronic Pain

		Adams Co.	Lancaster Co. (northern)	Lebanon Co.	York Co.
Suffers from Chronic pain*	2018	37%	37%	37%	42%
Currently taking opioid / narcotic prescriptions for pain*	2018	4%	6%	6%	5%

* New question

Population Counts for Selected Conditions



Populations of Interest

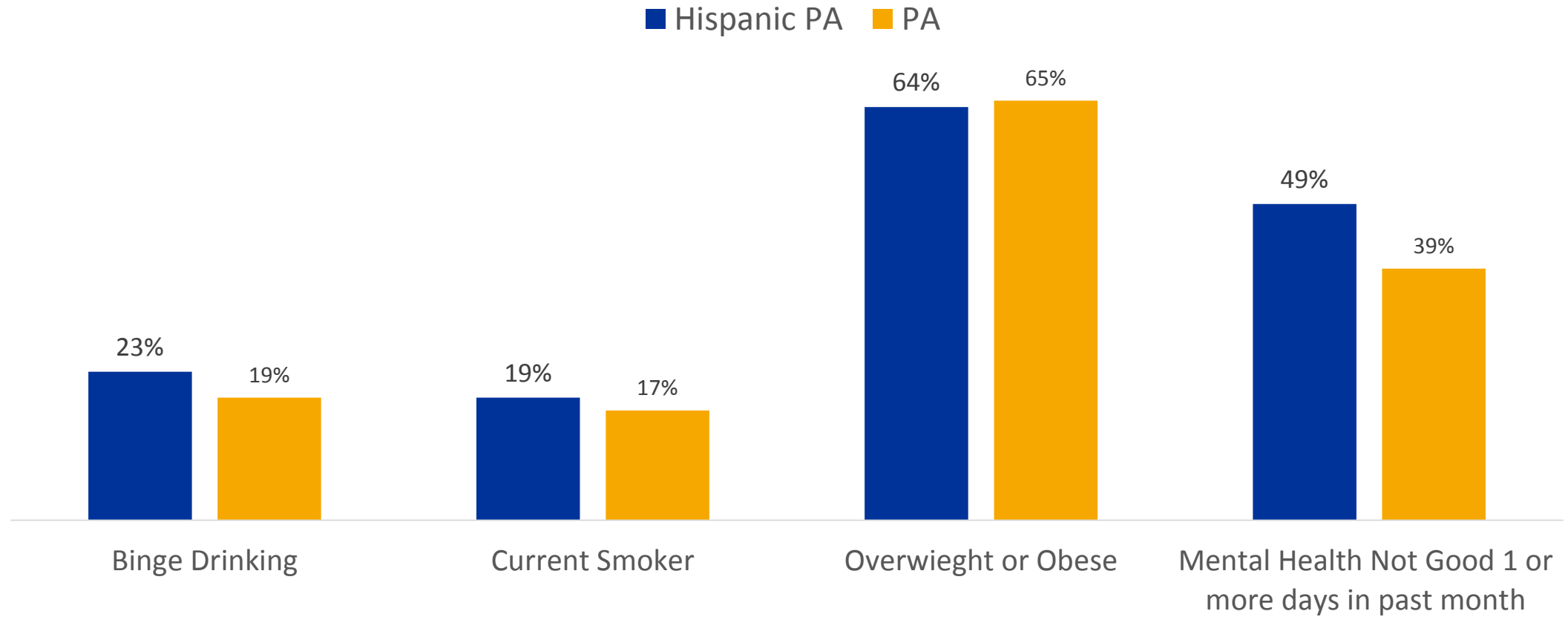
- Hispanic
- LGBTQ
- Youth



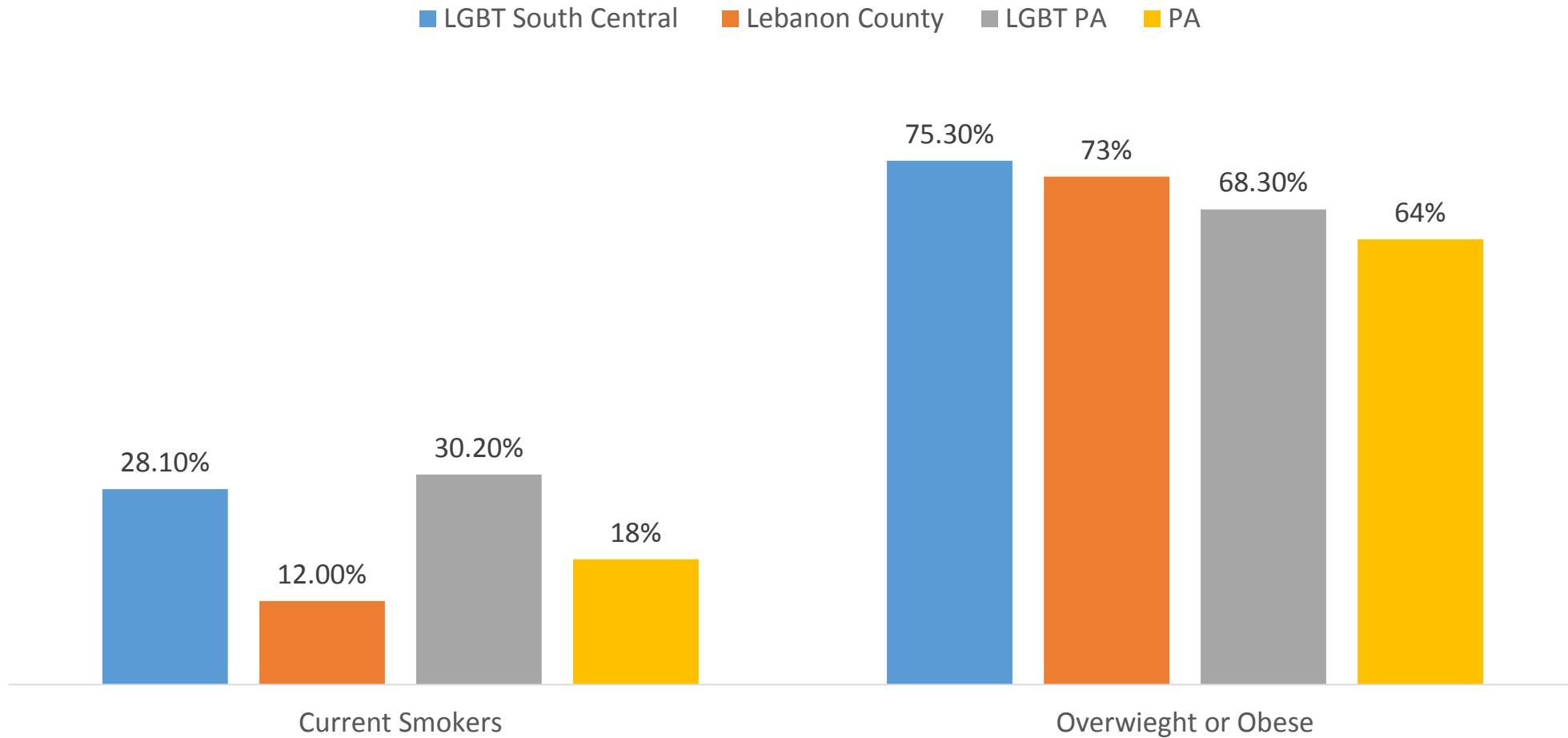
Data Points of Interest

- Binge Drinking
- Smoking
- E-Cigarette / Vaping
- Overweight Obesity
- Mental Health
- Food Access

Hispanics or Latino

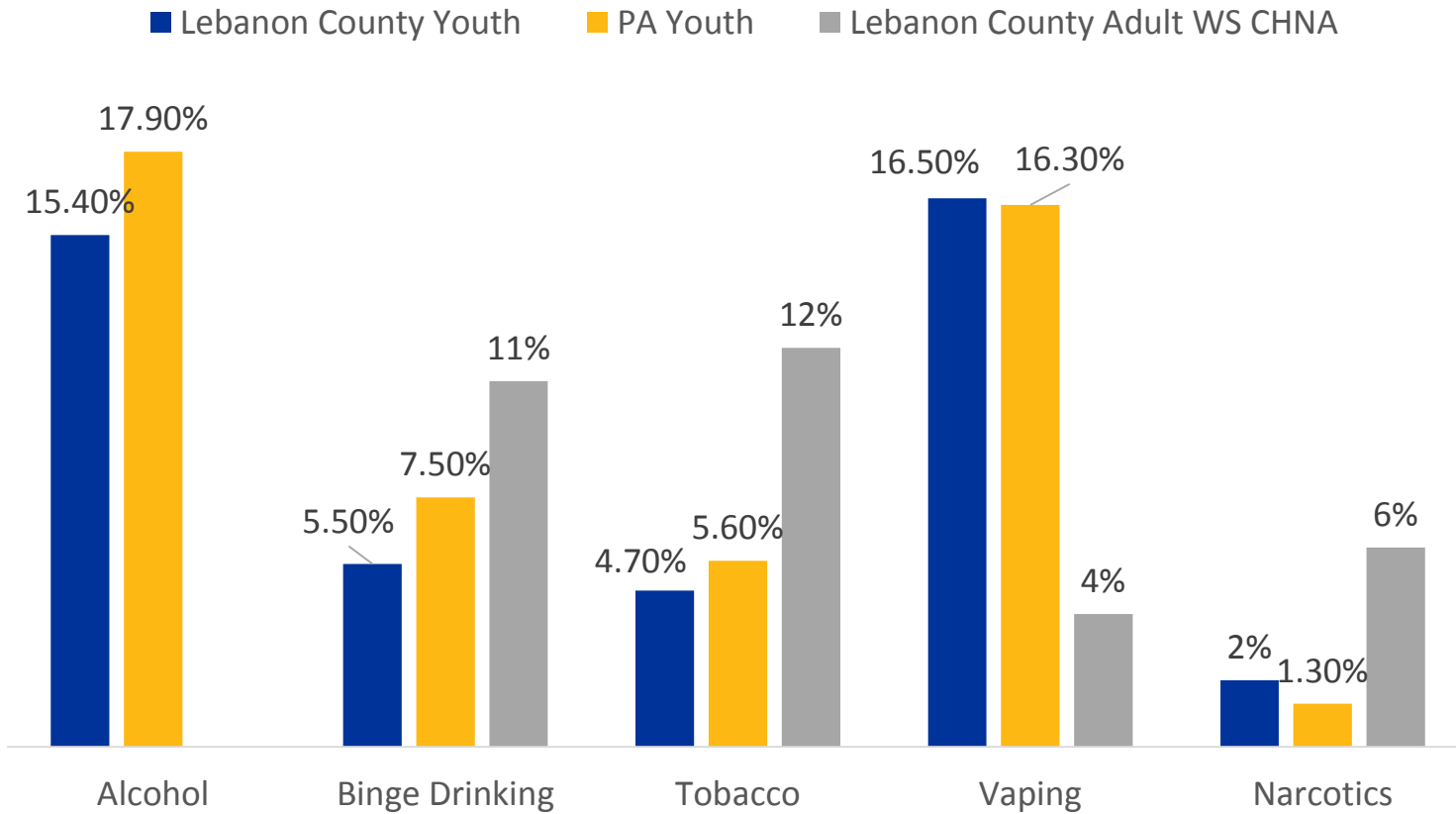


LGBT Health Needs Assessment – South Central Region

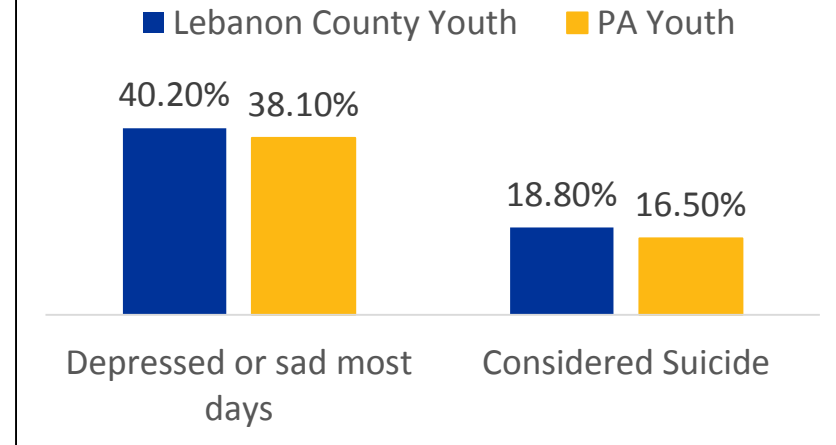


Pennsylvania Youth Survey Grades 6-12

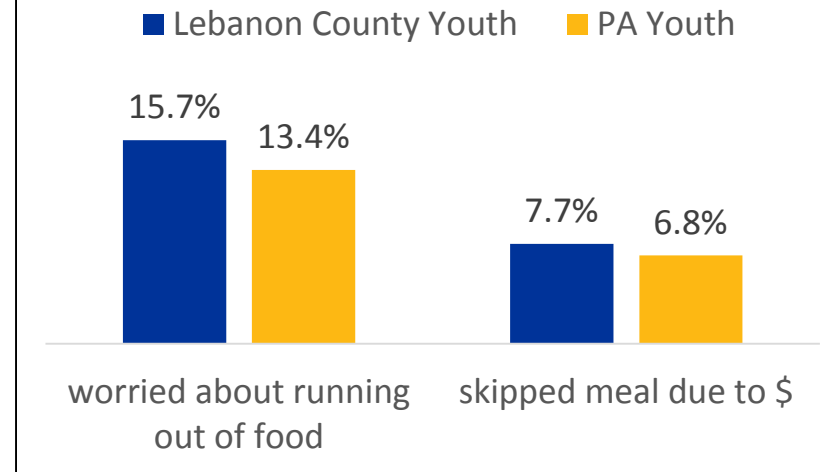
Recent Substance Use



Mental Health



Food Access



Lebanon County Health Rankings

Lebanon County ranks 15 out of 67 counties in health outcomes.
Lebanon County ranks 9 out of 67 counties in health factors.

